

Glossary

Definitions of certain terms users in the Citigroup Health and Insurance Benefits Handbook are included in this section.

Coinsurance: The portion of a covered expense that a participant pays after satisfying the deductible. For example, if a plan pays 90% of certain covered expenses, coinsurance for these expenses is 10%.

Covered expenses: Medical and related costs, incurred by participants, that qualify for reimbursement under the terms of the insurance contract.

Custodial care: Services and supplies furnished to a person mainly to help him or her in the activities of daily life (such as walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods). These services include board and room and other institutional care. The person does not have to be disabled. Such services and supplies are custodial care without regard:

- > To whom they are prescribed; or
- > To whom they are recommended; or
- > Who performs them.

Deductible: The amount of eligible expenses the participant and each covered dependent must pay each calendar year before a plan begins to pay benefits.

Goal Amount: The total annual amount a participant elects to contribute on a before-tax basis to a Health Care Spending Account, Limited Purpose Health Care Spending Account, or Dependent Day Care Spending Account. The annual contribution elected will be divided by the number of pay periods in the plan year and deducted from the employee's pay. For elections made during the plan year, the annual contribution amount will be divided by the number of remaining pay periods in the plan year and deducted from the employees pay.

Health Insurance Portability and Accountability Act of 1996 (HIPAA): A U.S. law mandating that anyone belonging to a group health insurance plan must be allowed to purchase health insurance within an interval of time beginning when the previous coverage is lost.

The law protects employees — especially those with long-term health conditions who may be reluctant to leave jobs because they are afraid that pre-existing condition clauses will limit coverage of any such conditions under a new insurance plan — from losing health insurance due to a change in employment status. See "Notice of HIPAA Privacy Practices" in the Administrative Information section.

Maximum allowed amount (MAA): Any charge that, for services rendered by or on behalf of a non-network physician, does not exceed the amount determined by the Claims Administrator in accordance with the applicable fee schedule. This amount is determined by taking into account all pertinent factors including:

- > The complexity of the service;
- > The range of services provided; and
- > The geographic area where the provider is located.
- > How MAA is calculated varies depending on which plan option you are enrolled in and which carrier you have. Contact your plan for more details.

Medically necessary or medical necessity: Health care services and supplies that are determined by the Claims Administrator to be medically appropriate and:

- > Necessary to meet the basic health needs of the covered person;
- > Rendered in the most cost-efficient manner and type of setting appropriate for the delivery of the service or supply;
- > Consistent in type, frequency, and duration of treatment with scientifically based guidelines of national medical, research, or health care coverage organizations or governmental agencies that are accepted by the Plan;
- > Consistent with the diagnosis of the condition;
- > Required for reasons other than the convenience of the covered person or his or her physician;
- > Must be provided by a physician, hospital, or other covered provider under the Plan;
- > With regard to an inpatient, it must mean the patient's illness or injury requires that the service or supply cannot be safely provided to that person on an outpatient basis;
- > It must not be primarily scholastic, vocational training, educational or developmental in nature or experimental or investigational;
- > Demonstrated through prevailing peer-reviewed medical literature to be either:
 - Safe and effective for treating or diagnosing the condition or sickness for which their use is proposed; or
 - Safe with promising efficacy:
 - For treating a life-threatening sickness or condition;
 - In a clinically controlled research setting; and
 - Using a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

(For the purpose of this definition, the term “life-threatening” is used to describe sicknesses or conditions that are more likely than not to cause death within one year of the date of the request for treatment.)

The fact that a physician has performed or prescribed a procedure or treatment or the fact that it may be the only treatment for a particular injury, sickness, mental illness, or pregnancy does not mean that it is medically necessary as defined above. The definition of medically necessary used in this document relates only to coverage and differs from the way in which a physician engaged in the practice of medicine may define medically necessary. The Plans Administration Committee may delegate the discretionary authority to determine medical necessity under the Plans. No benefit will be paid for services that are not considered medically necessary.

Network provider: A health care provider on a list of providers preselected by the insurer. The insurer will offer discounted coinsurance or co-payments, to a plan member to utilize in-network providers and facilities.

Non-occupational disease: A non-occupational disease is a disease that does not:

- > Arise out of (or in the course of) any work for pay or profit; or
- > Result in any way from a disease that does.

A disease will be deemed non-occupational regardless of the cause if proof is furnished that the person:

- > Is covered under any type of Workers' Compensation law; and
- > Is not covered for that disease under such law.

Non-occupational injury: A non-occupational injury is an accidental bodily injury that does not:

- > Arise out of (or in the course of) any work for pay or profit; or
- > Result in any way from an injury that does.

Notification: A requirement that a participant calls his or her health plan option to coordinate any inpatient surgery, hospitalization, and certain outpatient diagnostic/surgical procedures. Notification helps ensure that the participant obtains the most appropriate care for his or her condition in the most appropriate setting. Call your Plan for more information.

Out-of-pocket maximum: Total payments (deductibles and coinsurance) toward eligible expenses that a covered person pays for himself or herself and/or dependents as defined by the contract.

Once the maximum out-of-pocket amount has been met, the Plan will pay 100% of maximum allowed amount (MAA) charges. If the expenses incurred are higher than the MAA amount, the individual receiving the service is responsible for paying the difference even if the out-of-pocket maximum has been reached.

Precertification: A requirement that a participant calls his or her health plan option before seeking certain treatment. The Claims Administrator will:

- > Help the participant and his/her health care provider determine the best course of treatment based on the diagnosis and acceptable medical practice; and
- > Determine whether certain covered services and supplies are medically necessary.

Obtaining an authorization means that the insurer is obligated to pay for the service, assuming it matches what was authorized.

No benefit will be paid for services that are not considered medically necessary.

Pre-existing condition: An injury, sickness, or pregnancy for which — in the three months before the effective date of coverage — a participant received medical treatment, consultation, care, or services; took prescription medications or had medications prescribed; or had symptoms that would cause a reasonably prudent person to seek diagnosis, care, or treatment.

Preventive care: Routine care exams based on guidelines from the American Medical Association, the United States Preventive Care Task Force, the Advisory Committee on Immunization Practices that has been adopted by Director of the Centers for Disease Control and Prevention, the Comprehensive Guidelines Supported by the Health Resources and Services Administration and doctor recommendations. Covered expenses include routine physical exams (including well-woman and well-child exams), routine cancer screenings, and immunizations. See "Preventive care" in the *Medical* section of the Citigroup Health and Insurance Benefits Handbook.

Provider: A health care provider is an individual or an institution that provides preventive, curative, promotional or rehabilitative health care services in a systematic way to individuals, families or communities. An individual health care provider may include, but is not limited to, a health care professional, physician assistant, nurse practitioner, chiropractor, an institution, facility, primary care center, patient-centered medical home, clinic, ambulatory surgical center, outpatient center, urgent care center, or pharmacy.

Recognized charge: See "Maximum allowed amount (MAA)."

Wellness services: See "Preventive care."

Additional medical coverage definitions

The following definitions apply to benefits provided under the Citigroup Health and Benefit Plan, unless clearly indicated otherwise.

Accredited school or college: An accredited secondary school, junior college, college, or university or a state or federally accredited trade or vocational school.

Ambulatory surgical center: A specialized facility established, equipped, operated, and staffed primarily to perform surgical procedures and that fully meets one of the following two tests:

- > It is licensed as an ambulatory surgical center by the regulatory authority having responsibility for the licensing under the laws of the jurisdiction in which it is located; or
- > Where licensing is not required, it meets all of the following requirements:
 - It is operated under the supervision of a licensed doctor of medicine (MD) or doctor of osteopathy (DO) who devotes full time to supervision and permits a surgical procedure to be performed only by a duly qualified physician who, at the time the procedure is performed, is privileged to perform the procedure in at least one hospital in the area;
 - In all cases, except those requiring only local infiltration anesthetics, it requires that a licensed anesthesiologist administer the anesthetic or supervise an anesthesiologist who is administering the anesthetic and that the anesthesiologist or anesthesiologist remain present throughout the surgical procedure;
 - It provides at least one operating room and at least one post-anesthesia recovery room;
 - It is equipped to perform diagnostic X-ray and laboratory exams or has arranged to obtain these services;
 - It has trained personnel and necessary equipment to handle emergency situations;
 - It has immediate access to a blood bank or blood supplies;
 - It provides the full-time services of one or more registered nurses (RN) for patient care in the operating rooms and in the post-anesthesia recovery room; and
 - It maintains an adequate medical record for each patient, the record to contain an admitting diagnosis including, for all patients except those undergoing a procedure under local anesthesia, a preoperative exam report, medical history and laboratory tests and/or X-rays, an operative report, and a discharge summary.

An ambulatory surgical center that is part of a hospital, as defined herein, will be considered an ambulatory surgical center for the purposes of the Plan.

Birth center: A specialized facility that is primarily a place for delivery of children following a normal uncomplicated pregnancy and that fully meets one of the following two tests:

- > It is licensed by the regulatory authority having responsibility for the licensing under the laws of the jurisdiction in which it is located; or
- > It meets all of the following requirements:
 - It is operated and equipped in accordance with any applicable state law;
 - It is equipped to perform routine diagnostic and laboratory exam, such as hematocrit and urinalysis, for glucose, protein, bacteria, and specific gravity;

- It has available, to handle foreseeable emergencies, trained personnel and necessary equipment, including, but not limited to, oxygen, positive pressure mask, suction, intravenous equipment, equipment for maintaining infant temperature and ventilation, and blood expanders;
- It is operated under the full-time supervision of a licensed doctor of medicine (MD), doctor of osteopathy (DO), or registered nurse (RN);
- It maintains a written agreement with at least one hospital in the area for immediate acceptance of patients who develop complications;
- It maintains an adequate medical record for each patient, the record to contain prenatal history, prenatal exam, any laboratory or diagnostic tests, and a postpartum summary; and
- It is expected to discharge or transfer patients within 24 hours following delivery unless medically necessary.

A birth center that is part of a hospital, as defined herein, will be considered a birth center for the purposes of the Plan.

Brand-name drug: A drug that is under patent by its original innovator or marketer.

Calendar year: January 1 through December 31 of the same year. For new enrollees, the calendar year is the effective date of their enrollment through December 31 of the same year, unless otherwise provided in the annual enrollment materials.

Center of Excellence (COE): A health care facility that is identified as providing the most efficient and best quality of care. COEs often produce the best health outcomes.

Chiropractic care: Skeletal adjustments, manipulation, or other treatment in connection with the detection and correction by manual or mechanical means of structural imbalance or subluxation in the human body. Such treatment is done by a physician to remove nerve interference resulting from, or related to, distortion, misalignment, or subluxation of, or in, the vertebral column. The following are not considered to be chiropractic care: Chiropractic appliances, services related to the diagnosis and treatment of jaw joint problems such as temporomandibular joint (TMJ) syndrome or craniomandibular disorders or services for treatment of strictly non-neuromusculoskeletal disorders.

Claims Administrator: Aetna, Empire BlueCross BlueShield, Oxford PPO Health Plans, and Express Scripts and any other party designated as a claims fiduciary pursuant to a contractual relationship and as authorized by the Plans Administration Committee of Citigroup Inc. The Claims Administrator does not insure the benefits described in this document.

Comprehensive outpatient rehabilitation facility: A facility that is primarily engaged in providing diagnostic, therapeutic, and restorative services to outpatients for the rehabilitation of injured or sick persons and that fully meets one of the following two tests:

- > It is approved by Medicare as a comprehensive outpatient rehabilitation facility; or
- > It meets all of the following tests:
 - It provides at least the following comprehensive outpatient rehabilitation services:
 - Services of physicians who are available at the facility on a full- or part-time basis;
 - Physical therapy; and
 - Social or psychological services;
 - It has policies established by a group of professional personnel (associated with the facility), including one or more physicians to govern the comprehensive outpatient rehabilitation services it furnishes and provides for the carrying out of such policies by a full- or part-time physician;

- It has a requirement that every patient must be under the care of a physician; and
- It is established and operates in accordance with the applicable licensing and other laws.

Cosmetic surgery: Medically unnecessary surgical procedures, usually, but not limited to, plastic surgery directed toward preserving beauty or correcting scars, burns, or disfigurements.

Covered family members or covered person: The employee and the employee's legal spouse (same- or opposite-sex) and/or dependent children, or qualified domestic partner/civil union partner who are covered under the Plan.

Designated transplant facility: A facility designated by the Claims Administrator to render medically necessary covered services and supplies for qualified procedures under the Plan.

Emergency room care: The definition of emergency care varies depending on your plan administrator.

- > **Aetna:** Emergency care means the treatment given in a hospital's emergency room to evaluate and treat an emergency medical condition. An emergency medical condition is a recent and severe medical condition, including (but not limited to) severe pain, which would lead a prudent layperson possessing an average knowledge of medicine and health, to believe that his or her condition, illness, or injury is of such a nature that failure to get immediate medical care could result in:
 - Placing your health in serious jeopardy;
 - Serious impairment to bodily function;
 - Serious dysfunction of a body part or organ; or
 - In the case of a pregnant woman, serious jeopardy to the health of the fetus.
- > **Empire BlueCross BlueShield:** An "Emergency Condition" is a medical or behavioral condition of sudden onset that manifests itself by symptoms of sufficient severity (including severe pain), that a prudent lay person, possessing an average knowledge of medicine and health could reasonably expect the absence of immediate medical attention to result in:
 - Placing the health of the person afflicted with such condition in serious jeopardy; or in the case of a behavioral condition placing the health of such a person or others in serious jeopardy;
 - Serious impairment to such person's bodily function;
 - Serious dysfunction of any bodily organ or part of such person; or
 - Serious disfigurement of such person.
- > **Oxford:** Medical care and treatment provided after the sudden onset of a medical condition manifesting itself by acute symptoms, including severe pain. The symptoms must be severe enough that the lack of immediate medical attention could reasonably be expected to result in any of the following:
 - The patient's health would be placed in serious jeopardy;
 - Bodily function would be seriously impaired; and
 - There would be serious dysfunction of a bodily organ or part.
 - Emergency care includes immediate mental health and chemical dependency treatment when the lack of the treatment could reasonably be expected to result in the patient harming himself or herself and/or other persons

ERISA: The Employee Retirement Income Security Act of 1974, as amended.

Experimental, investigational, or unproven services: This includes any medical, surgical, diagnostic, psychiatric, substance abuse, or other health care services, technologies, supplies, treatments, procedures, drug therapies, or devices that, at the time the Plan makes a determination regarding coverage in a particular case, are determined to be:

- > Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use;
- > Subject to review and approval by any institutional review board for the proposed use;
- > The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2, or 3 clinical trial set forth in FDA regulations, regardless of whether the trial is actually subject to FDA oversight; and
- > Not demonstrated through prevailing peer-reviewed medical literature to be safe and effective for treating or diagnosing the condition or illness for which its use is proposed.

The Claims Administrator, in its judgment, may deem an experimental, investigational, or unproven service covered under the Plan for treating a life-threatening sickness or condition if it is determined by the Claims Administrator that the experimental, investigational, or unproven service at the time of the determination:

- > Is proven to be safe with promising efficacy;
- > Is provided in a clinically controlled research setting; and
- > Uses a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

(For purposes of this definition, the term “life-threatening” is used to describe sicknesses or conditions that are more likely than not to cause death within one year of the date of the request for treatment.)

Fiduciary: A person who exercises discretionary authority or control over management of the Plan or the disposition of its assets, renders investment advice to the Plan, or has discretionary authority or responsibility in the administration of the Plan. The “named fiduciary” for the Plan is the Plans Administration Committee of Citigroup Inc., except to the extent fiduciary authority has been delegated by this document or otherwise to Claims Administrators or others.

Generic drug: Equivalent medications that contains the same active ingredient and are subject to the same rigid FDA standards for quality, strength, and purity as their brand-name equivalents. Generic drugs are less expensive than brand-name drugs.

Home health care agency: An agency or organization that provides a program of home health care and meets one of the following three tests:

- > It is approved under Medicare;
- > It is established and operated in accordance with the applicable licensing and other laws; or
- > It meets all of the following tests:
 - Its primary purpose is to provide a home health care delivery system bringing supportive services to the home;
 - It has a full-time administrator;
 - It maintains written records of services provided to the patient;
 - Its staff includes at least one registered nurse (RN) or it has nursing care by a RN available; and
 - Its employees are bonded, and it maintains malpractice insurance.

Hospice: An agency that provides counseling and incidental medical services for a terminally ill individual. Room and board may be provided. The agency must meet one of the following three tests:

- > It is approved by Medicare as a hospice;
- > It is licensed in accordance with any applicable state laws; or
- > It meets the following criteria:
 - It provides 24/7 service;
 - It is under the direct supervision of a duly qualified physician;
 - It has a nurse coordinator who is a RN with four years of full-time clinical experience. Two of these years must involve caring for terminally ill patients;
 - The main purpose of the agency is to provide hospice services;
 - It has a full-time administrator;
 - It maintains written records of services given to the patient; and
 - It maintains malpractice insurance coverage.

A hospice that is part of a hospital will be considered a hospice for purposes of the Plan.

Hospital: An institution engaged primarily in providing medical care and treatment of sick and injured persons on an inpatient basis at the patient's expense and fully meets one of the following three tests:

- > It is accredited as a hospital by the Joint Commission on Accreditation of Healthcare Organizations;
- > It is approved by Medicare as a hospital; or
- > It meets all of the following tests:
 - It maintains, on the premises, diagnostic and therapeutic facilities for surgical and medical diagnosis and treatment of sick and injured persons by or under the supervision of a staff of duly qualified physicians;
 - It continuously provides, on the premises, 24/7 nursing service by or under the supervision of registered graduate nurses; and
 - It is operated continuously with organized facilities for operative surgery on the premises.

Infertile or Infertility: The condition of a presumably healthy covered person who is unable to conceive or produce conception after:

- > For a woman who is under 35 years of age: 1 year or more of timed, unprotected coitus, or 12 cycles of artificial insemination; or
- > For a woman who is 35 years of age or older: 6 months or more of timed, unprotected coitus, or 6 cycles of artificial insemination.

Injury: An accidental physical injury to the body caused by unexpected external means.

Intensive care unit: A separate, clearly designated service area maintained within a hospital solely for the care and treatment of patients who are critically ill. This also includes what is referred to as a "coronary care unit" or an "acute care unit." It has facilities for special nursing care not available in regular rooms and wards of the hospital, special life-saving equipment that is immediately available at all times, at least two beds for the accommodation of the critically ill, and at least one RN in continuous and constant attendance 24/7.

Licensed counselor: A person who specializes in mental health and chemical dependency treatment and is licensed as a Licensed Clinical Social Worker (LCSW) by the appropriate authority.

Lifetime: A word appearing in the Plan in reference to benefit maximums and limitations. Lifetime is understood to mean the period of time in which a participant and his or her eligible dependents are covered under the Plan. Under no circumstances does lifetime mean during the entire lifetime of the covered individual, unless covered by the plan at date of death.

Medicare: The Health Insurance for the Aged and Disabled program under Title XVIII of the Social Security Act.

Mental health and chemical dependency treatment: Treatment for both of the following:

- > Any sickness identified in the current edition of *The Diagnostic and Statistical Manual of Mental Disorders* (DSM), including a psychological and/or physiological dependence or addiction to alcohol or psychoactive drugs or medications, regardless of any underlying physical or organic cause; and
- > Any sickness for which the treatment is primarily the use of psychotherapy or other psychotherapeutic methods.

All inpatient services, including room and board, given by a mental health facility or area of a hospital that provides mental health or substance abuse treatment for a sickness identified in the DSM, are considered mental health and chemical dependency treatment, except in the case of multiple diagnoses.

If there are multiple diagnoses, only the treatment for the sickness that is identified in the DSM is considered mental health and chemical dependency treatment.

Detoxification services given prior to and independent of a course of psychotherapy or substance abuse treatment is not considered mental health and chemical dependency treatment.

Prescription drugs are not considered mental health and chemical dependency treatment.

Morbid obesity: A diagnosed condition in which the body weight exceeds the medically recommended weight by either 100 pounds or is twice the medically recommended weight in the most recent body mass index (BMI) tables for a person of the same height, age, and mobility as the covered person. For **Aetna and Empire Plans**, the BMI is greater than 40 kilograms per meter squared or equal to or greater than 35 kilograms per meter squared with a co-morbid medical condition, including hypertension; a cardiopulmonary condition; sleep apnea; or diabetes.

Network pharmacy: A registered and licensed pharmacy, including a mail-order pharmacy that participates in the network.

Network provider: A provider that participates in the health plan network in which you enrolled.

Non-preferred brand-name drug: A brand-name drug that is not a formulary drug. See the definition of preferred brand-name drug.

Nurse-midwife: A person licensed or certified to practice as a nurse-midwife and who fulfills both of these requirements:

- > Licensed by a board of nursing as a RN; and
- > Has completed a program approved by the state for the preparation of nurse-midwives.

Nurse-practitioner: A person who is licensed or certified to practice as a nurse-practitioner and fulfills both of these requirements:

- > Licensed by a board of nursing as a RN; and
- > Has completed a program approved by the state for the preparation of nurse-practitioners.

Occupational therapy: Services that improve the patient's ability to perform tasks required for independent functioning when the function has been temporarily lost and can be restored.

Other services and supplies: Services and supplies furnished to the individual and required for treatment, other than the professional services of any physician and any private-duty or special nursing services (including intensive nursing care by whatever name called).

Out-of-network hospital: A hospital (as defined) that does not participate in the Plan's network in which you enrolled.

Out-of-network pharmacy: A pharmacy other than an Express Scripts network pharmacy.

Out-of-network provider: A provider that does not participate in the Plan's network in which you enrolled.

Outpatient care: Treatment including services, supplies, and medicines provided and used at a hospital under the direction of a physician to a person not admitted as a registered bed patient or services rendered in a physician's office, laboratory or X-ray facility, an ambulatory surgical center, or the patient's home.

Physical therapy: Services that are designed to restore an individual to a level of function present prior to an illness or accidental injury.

Physician: A legally qualified and licensed:

- > Doctor of Medicine (MD);
- > Doctor of Chiropractic (DPM; DSC);
- > Doctor of Chiropractic (DC);
- > Doctor of Dental Surgery (DDS);
- > Doctor of Medical Dentistry (DMD);
- > Doctor of Osteopathy (DO); or
- > Doctor of Podiatry (DPM).

Care provided by Christian Science practitioners is covered as an out-of-network benefit under ChoicePlan 500.

Plan: The Citigroup Health Benefit Plan, as amended from time to time. For ERISA reporting purposes, the Plan number is 508.

Plan Administrator: The Plans Administration Committee of Citigroup Inc.

Plan year: January 1 - December 31.

Preadmission tests: Tests performed on a covered person in a hospital before confinement as a resident inpatient provided the tests meet all of the following requirements:

- > The tests are related to the performance of scheduled surgery;
- > The tests have been ordered by a physician after a condition requiring surgery has been diagnosed and hospital admission for surgery has been requested by the physician and confirmed by the hospital; and
- > The covered person is subsequently admitted to the hospital, or the confinement is canceled or postponed because a hospital bed is unavailable or because there is a change in the covered person's condition that precludes the surgery.

Preferred brand-name drug: A drug that is prescribed from a list of medications preferred for its clinical effectiveness and opportunity to help contain health care costs. Preferred drugs are part of an incentive program to help control the costs of care and are frequently called formulary drugs.

Prescription drugs: Any drugs that cannot be dispensed without a doctor's prescription. The following will be considered prescription drugs:

- > Federal legend drugs. This is any medicinal substance that the federal Food, Drug, and Cosmetic Act requires to be labeled "Caution — federal law prohibits dispensing without prescription";
- > Drugs that require a prescription under state law but not under federal law;

- > Compound drugs having more than one ingredient; at least one of the ingredients has to be a federal legend drug or a drug that requires a prescription under state law;
- > Injectable insulin; and
- > Needles and syringes.

Primary care physician (PCP): A physician in general practice or who specializes in pediatrics, family practice, or internal medicine who has agreed with the Claims Administrator to act as the entry point to the health care delivery system and may coordinate the member's care. The PCP is not an agent or employee of the Claims Administrator or Citigroup Inc.

Psychiatrist: A physician who specializes in mental, emotional, or behavioral disorders.

Psychologist: A person who specializes in clinical psychology and fulfills one of these requirements:

- > Licensed or certified as a psychologist or
- > A member or fellow of the American Psychological Association, if there is no government licensure or certification required.

Rehabilitation facility: A facility accredited as a rehabilitation facility by the Commission on Accreditation of Rehabilitation Facilities.

Room and board: Room, board, general-duty nursing, intensive nursing care by whatever name called, and any other services regularly furnished by the hospital as a condition of occupancy of the class of accommodations occupied but not including professional services of physicians or special nursing services rendered outside of an intensive care unit by whatever name called.

Self-insured or self-funded plan: A plan in which no insurance company or service plan collects premiums and assumes risk.

Sickness: Bodily disorder or disease. The term "sickness" used in connection with newborn children will include congenital defects and birth abnormalities, including premature births.

Skilled nursing facility: A facility, if approved by Medicare as a skilled nursing facility, is covered by this Plan. If not approved by Medicare, the facility may be covered if it meets the following tests:

- > It is operated under the applicable licensing and other laws;
- > It is under the supervision of a licensed physician or RN who is devoting full time to supervision;
- > It is regularly engaged in providing room and board and continuously provides 24/7 skilled nursing care of sick and injured persons at the patient's expense during the convalescent stage of an injury or sickness;
- > It maintains a daily medical record of each patient who is under the care of a licensed physician;
- > It is authorized to administer medication to patients on the order of a licensed physician; and
- > It is not, other than incidentally, a home for the aged, the blind or the deaf; a hotel; a domiciliary care home, a maternity home; or a home for alcoholics or drug addicts or the mentally ill.

A skilled nursing facility that is part of a hospital will be considered a skilled nursing facility for the purposes of the Plan.

Specialty drug: A drug for the treatment of complex chronic diseases, such as, but not limited to, multiple sclerosis, hemophilia, cancer and rheumatoid arthritis.

Treatment center: A facility that provides a program of effective mental health and chemical dependency treatment and meets all of the following requirements:

- > It is established and operated in accordance with any applicable state law;
- > It provides a program of treatment approved by a physician and the Claims Administrator;
- > It has or maintains a written, specific, and detailed regimen requiring full-time residence and full-time participation by the patient;
- > It provides at least the following basic services:
 - Room and board (to the extent that this Plan provides inpatient benefits at a Treatment Center);
 - Evaluation and diagnosis;
 - Counseling by a licensed provider; and
 - Referral and orientation to specialized community resources.

Treatment centers that qualify as a hospital are covered as a hospital and not as a treatment center.

Urgent care: Conditions or services that are non-preventive or non-routine and are needed to prevent the serious deterioration of a member's health following an unforeseen illness, injury, or condition. Urgent care includes conditions that could not be adequately managed without immediate care or treatment, but do not require the level of care provided in the emergency room.

Urgent care facility/center

The definition varies depending on your plan administrator.

- > **Aetna:** A hospital admission by a physician due to:
 - The onset of or change in a illness;
 - The diagnosis of a illness; or
 - An injury.
 - **Note:** The condition, while not needing an emergency admission, is severe enough to require confinement as an inpatient in a hospital within 2 weeks from the date the need for the confinement becomes apparent.
- > **Empire BlueCross BlueShield:** A facility dedicated to the delivery of medical care outside of a hospital emergency department, usually on an unscheduled, walk-in basis. Urgent care centers are primarily used to treat patients who have an injury or illness that requires immediate care but is not serious enough to warrant a visit to an emergency room.
- > **Oxford:** A medical care facility that provides care for a condition that needs immediate attention to minimize the severity and prevent complications but is not a medical emergency. Urgent care facilities are covered in or out of the service area. Precertification is not required for Plan urgent care treatment when provided by facilities that are specifically contracted by Oxford as urgent care providers. Members should contact the number on their ID cards for instructions.

Utilization review: A review and determination as to the medical necessity of services and supplies.