

LifeWorks Program

LifeWorks is designed to save you time and provide peace of mind. The confidential service is available 24/7 by telephone and on the Web. Whether you are researching options for child care, sending a son or daughter to college, or dealing with the needs of your elderly parent far away, the LifeWorks Program can help. *All LifeWorks services are completely confidential*.

Call LifeWorks for information and practical solutions; customized referrals; and resources and research information on a wide variety of topics ranging from parenting/child care to adoption, education, older adults, and work issues. You can also obtain assistance with everyday issues like locating a pet or house sitter, home remodeling and repair services, and purchasing and consumer issues.

The LifeWorks Elder Care Management Program

When an older relative's physical or mental health changes or her or his ability to handle day-to-day routine activities is impaired, the stress on you and your family can be significant. Few of us have the expertise to determine which concerns require immediate care. The situation can be more difficult for those who live at a distance from older relatives.

LifeWorks can provide the following:

- Legal consultations and discounts on attorney fees;
- In-person assessment of an older relative's situation and recommendations for services, products, or a change in residence;
- Scheduled check-in services by telephone or in person — to monitor your relative's condition and care no matter where she or he lives in the United States;
- Professional assistance to manage the different services and health-related products your relative may be using or to arrange for necessary services;
- On-site facility reviews so you may compare and choose elder care facilities; and
- Respite care to provide time off for family caregivers.

Citi's Elder Care Management Services makes the LifeWorks program a more complete resource to help you care for the people who are important to you.

Contact the Citi LifeWorks Program as follows:

1-800-635-0606 (voice and TTY) www.lifeworks.com

Username: resources Password: for_you